



Dynamic Health Center, Inc

Homeopathic Management of Autism

Introduction

Autism is a developmental disorder that appears in the first 3 years of life, and affects the brain's normal development of social and communication skills.

Most parents of autistic children suspect that something is wrong by the time the child is 18 months old and seek help by the time the child is age 2. Children with autism typically have difficulties in:

- Pretend play
- Social interactions
- Verbal and nonverbal communication

Some children with autism appear normal before age 1 or 2 and then suddenly "regress" and lose language or social skills they had previously gained. This is called the regressive type of autism.

People with autism may:

- Be overly sensitive in sight, hearing, touch, smell, or taste (for example, they may refuse to wear "itchy" clothes and become distressed if they are forced to wear the clothes)
- Have unusual distress when routines are changed
- Perform repeated body movements
- Show unusual attachments to objects

The symptoms may vary from moderate to severe.

Communication problems may include:

- Cannot start or maintain a social conversation
- Communicates with gestures instead of words
- Develops language slowly or not at all
- Does not adjust gaze to look at objects that others are looking at
- Does not refer to self correctly (for example, says "you want water" when the child means "I want water")
- Does not point to direct others' attention to objects (occurs in the first 14 months of life)
- Repeats words or memorized passages, such as commercials



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Social interaction:

- Does not make friends
- Does not play interactive games
- Is withdrawn
- May not respond to eye contact or smiles, or may avoid eye contact
- May treat others as if they are objects
- Prefers to spend time alone, rather than with others
- Shows a lack of empathy

Response to sensory information:

- Does not startle at loud noises
- Has heightened or low senses of sight, hearing, touch, smell, or taste
- May find normal noises painful and hold hands over ears
- May withdraw from physical contact because it is overstimulating or overwhelming
- Rubs surfaces, mouths or licks objects
- Seems to have a heightened or low response to pain

Play:

- Doesn't imitate the actions of others
- Prefers solitary or ritualistic play
- Shows little pretend or imaginative play

Behaviors:

- "Acts up" with intense tantrums
- Gets stuck on a single topic or task (perseveration)
- Has a short attention span
- Has very narrow interests
- Is overactive or very passive
- Shows aggression to others or self
- Shows a strong need for sameness
- Uses repetitive body movements



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Homeopathic Management

Autism treatment and management is being researched and developed through the science of homeopathy. Our team of physicians and medical scientist use custom made homeopathic medicine to restore the health in the most gentle and harmless way without creating side effects.

The latter statement “without creating side effects” is the real key in treating infants and children. The source of homeopathic medicine is mainly from plants and minerals. Autism is a physical condition linked to abnormal biology and chemistry in the brain. The exact causes of the abnormalities remain unknown; genetic factors seem to be important. A number of other possible causes have been suspected. They involve: diet, digestive tract changes, mercury poisoning, vaccine sensitivity, and the body’s inability to use vitamins and minerals.

The promising benefit in using homeopathic management is that the gentle pharmacology treats the person. Symptoms of autism seem to decrease and clinical studies show the individuals overall health improve. Sensory, motor, and behavior skills show immediate response on an individual basis. Some of the possible remedies used in the treatment of Autism are: Silicea, Belladonna, Nux Vomica, Chellidonium, and other natural sources found in the Homoeopathic Pharmacopia of the United States.

Our company motto is “Dynamic Care for Man as a Whole”. We view the individual health concerns from a ‘person’s point of view’, rather than a ‘disease point of view’ similar to clinical academic standards promoted by William Osler, M.D., who once said “A good physician treats the disease; A great physician treats the patient who has the disease.” It is our goal to provide complete care to the individual who is a person rather than a number.

Please visit our website: www.dynamicHcenter.com to gain more insight and information about our professionals and research activity. I hope you enjoy this brief article on Autism and please don’t hesitate to contact us in helping resolve chronic and degenerative diseases that plague our community in the twenty-first century.

Sincerely,

Dr. Oommen K. George, Ph.D.
Chief Consultant in Homoeopathic Medicine