



DYNAMIC THOUGHTS ---“Dynamic Care for Man As a Whole”

A publication designed to encourage and motivate your mind and spirit
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VITAL FORCE

Hahnemann states in the **Organon of Medicine**—“The material organism, without the vital force is capable of no sensation, no function, no self-preservation; it derives all sensation, and performs all the functions of life solely by means of the immaterial being (the vital force) which animates the material organism in health and in disease.” It is the life principle, which is present everywhere in the body.

The concept of the vital force is spiritual and holistic. The vital force is not perceptible to our senses, but it helps the whole body to perform its functions. Dr. Hahnemann called the vital force an “autocratic, self powered, self controlling power or energy, which keeps the body intact and without which life as we know it cannot exist.” It is only when the whole or the material body becomes unfit for the vital force to utilize it, that the vital force ceases to work.

The current advancement in medical science has opened our understanding of the human body from cellular to the organic realm. Today, we know that the body has various pathways that are influenced by neuronal and hormonal regulators. There are agonists and receptors that work through signal transduction to activate 2nd messengers to influence functions to all the parts of the body. As a result, the vital force action is sensitive and influenced by the connection and interaction between Body-Mind-Spirit.

I believe, the essence of man is the Spirit, even though in the natural world, we emphasize Body and Mind. Most of us let the Body lead us with our Mind. But the original intent of our Creator was to let the Spirit lead our Mind and Body. In Mathew 26:41, it says “The Spirit is willing but the flesh is weak.” In the first Book of the Bible, it says that “God created humans in His own image. In the image of God he created them male and female” (KJV Gen 1:27). It also says in the scriptures that God is Spirit. (NIV John 4:24). So, the connection of the Mind and Body inter-twined in the Spirit of Man.

The Mind is connected to *Emotion* (i.e. joy, sadness, anger, jealousy, hatred, and love) and *Logic* (i.e. intellect, time, sequence, order, calculations...). The Body is connected to Matter and Substance, which curtails the physiology, anatomy, and biochemistry of the human organism. When the Spirit is disconnected, the Mind and Body experiences cellular and hormonal changes that compromise the immune system. This results in external and internal influences on the organ system resulting in diseases or sickness. Most illnesses we experience are acute, i.e. seasonal allergies, colds, stomach cramps, etc...; Some are chronic, i.e., psoriasis, IBS, diabetes, cancer, thyroid disorders, etc... No matter what the problems are, the body, mind, and spirit are working to overcome the disorder and together to restore the vital force to equilibrium.

The health care provider’s goal is provide the proper pharmacology and comprehensive guidance to facilitate restoration of the human body. If the provider and the individual don’t see the connection between the body-mind-spirit, then the opportunity for restoration is compromised. We often tell our patients, “What is acute in physical plane, is chronic in the emotional and mental plane.” Unless, we resolve the spiritual issues, the restoration of the physical would be limited. We, at Dynamic Health Center emphasize on helping to restore the Body, Mind, and Spirit with the cooperation of the individual patient and sometimes their extended families.

Any information give in this document is not intended to be taken as a replacement for medical advice. Any person with a condition requiring medical attention should consult a qualified practitioner or therapist.

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