



DYNAMIC THOUGHT ---“Dynamic Care for Man As a Whole”

A publication designed to encourage and motivate your mind and spirit
Jan-Mar 2012

ABANDONMENT

Man is a social creature designed to love and to be loved. In the first book of the Torah it says, “The LORD God said, ‘It is not good for man to be alone. I will make a helper suitable for him’” (Gen, 2:18). We live in a world where this concept of love is built or broken at the moment of conception. We often hear stories of children being abandoned in the trash or left in front of the hospital emergency room. Foster homes, adoption agencies and child services departments face enormous strain in dealing with such circumstances.

In most cases, the individual experiences and expresses love and is nurtured to grow and develop, but in some cases love is broken and disintegrated. When this happens to someone, it manifests itself in the form of disappointment, anger, frustration, betrayal and the feeling of abandonment. This article will focus on the negative condition of abandonment and what one can do through homeopathic management to change this physical and emotional experience toward restoration and balance.

The loss of someone close to you is a natural part of life. Whether that person dies or moves away, there are always feelings of fear that you will be alone to deal with difficulties of life. The insecurity associated with a fear of abandonment can ruin relationships, create distance between people and prevent an individual from leading a normal life.

Recognizing the symptoms of a person who suffers from fear of abandonment and knowing how to cope with the condition, are the first steps in determining if you or a loved one needs help. Anyone can be diagnosed with fear of abandonment; it is not age- or gender-specific. Men and women have been equally diagnosed with fear of abandonment, and it is very prevalent in children as well, especially children who have parents who are physically present, but emotionally unavailable. Deep down in our Spirit, all of us want to be grown up, balanced and mature; we just don’t know how and why we are sometimes scarred.

The fear of abandonment can be treated with therapy, as long as the individual suffering from this condition is willing to use the therapist or health practitioner and loved ones as a pillar to lean on while learning to be self-sufficient. Many children who suffer during their adolescent years hide this condition and they end up as adults with a chronic feeling of abandonment and vulnerability.

In the dynamic management of this condition, one needs to treat the individual by providing support and focusing on the mental, emotion and physical setbacks experienced in abandonment. I have seen cases where the mother or father verbally abused the son and the child ends up losing his self-worth and identity. In some situations, physical punishment creates resentment, anger and deep valley of separation between the parent and the child. In other circumstances, sexual abuse or abandonment creates so much anger that suicidal thoughts creep into the mind and chronic depression becomes part of the individual persona.

Any information given in this document is not intended to be taken as a replacement for medical advice.
Any person with a condition requiring medical attention should consult a qualified practitioner or therapist.

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Unless one is willing to recognize these abandonment symptoms, they become part of the psychosomatic nature of the individual, eventually resulting in the transfer of this nature to the spouse or child or close kin or friend. Symptoms that develop include anxiety and panic attacks, which lead to compulsive behaviors, such as threatening self-harm. Other symptoms include a continual need for reassurance, a weakened sense of self-worth, and the abandoning of a relationship. It is very common for someone to reach out to anyone whom he or she has a relationship with, and this may lead to unhealthy relationships.

It is very important that the individual recognize this state of abandonment. Otherwise, once behavior becomes foolish, he or she feels obliged to show it off. There is an old proverb that says, “A wise son guards his lips, guards his life, but a son who speaks rashly will come to ruin” (Proverbs 13:3). This abandonment experience creates foolish behaviors which alienate the individuals who are trying to help and frustrate the patient, resulting in deeper entrapment without any remedy.

The goal is not to make the person be self-confident so that he or she does not need others to support them, but that the person know and own himself and move from *needing* relationships to *wanting* relationships. In this way, the dynamic management facilitates the patient to say, “I think you can do it. You can make that decision on your own. You can cope with your life. You can solve problems using your logical mind and your feelings. You can soothe yourself when you are anxious and alone. You can develop pride and self-respect as someone who contributes to the world.”

The science of gentle pharmacology and dynamic therapy stimulates the psychosomatic pathways of the brain to change the chemical triggers to establish emotional awareness. Individuals with major abandonment issues have a weakened sense of self. They feel more confident and real when someone is there to encourage them and protect them from the insecurity. Remedies are given to stimulate the neuropathways to create a sense of self-worth and facilitate emotional balance and confidence between self and others.

The remedies used to manage abandonment are many and few are patient-specific to create change. Some of the possible remedies used in our Health Center to help resolve issues with this and other psychosomatic disorders are *Agnus Castus*, *Sepia*, *Antimonium Crudum*, *Baryta Carbonica*, *Gelsemium sempervirens* and many others. We offer comprehensive innovation in Dynamic Medicine in Southern California and in the world.

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